



<http://tntswimming.org>

Newsletter for Monday, Feb. 1, 2010



Happy birthday wishes to: Melissa Martin!!!

Practice Plans

Frankfort:

This week – Regular practice schedule. That schedule is Monday through Friday evenings starting at 7:30 P.M. and on Saturday afternoon starting at 3:00 P.M. Practice for the discovery level swimmers will be Monday and Thursday at 7:30 to 8:15 P.M.

Next week – No practice on Friday, Feb. 12 and Saturday, Feb. 13 due to participation in the Riverside swim meet. Our schedule will be Monday through Thursday evenings starting at 7:30 P.M. Practice for the discovery level swimmers will be Monday and Thursday at 7:30 to 8:15 P.M.

Versailles:

This week – No practice on Friday, Feb 5th or on Saturday, Feb. 6th due to the Region 3 High School Championship meet being held at Falling Springs. Practice for this week will be limited to Monday, Tuesday, and Thursday afternoons starting at 3:45 P.M.

Next week – No practice on Saturday, Feb. 13th due to our participation in the Riverside swim meet. Practice for this week will be Monday, Tuesday, Thursday, and Friday afternoons starting at 3:45 P.M.

Triton 12 & under Super Sprint / Sunday, Jan. 31, 2010 / Louisville, KY

Our team had 23 swimmers competing at this meet that combined to have lots of best time performances. Overall, our group combined to swim 58 best times out 84 individual event entries for a best time percentage of 69%!

Placing in the top 8 are:

Ben Bryan with a fourth place in the 12 year-old males 50 back and a sixth place in the 50 breast;
Mark Bryan with a third place in the 10 year-old males 50 back, a sixth in the 50 free, and a seventh in the 50 fly;
Katherine Caldwell with a fifth place in the 11 year-old females 50 free, a sixth in the 50 fly, and an eighth in the 50 back;
Thomas Allen Crumbaugh with a fourth place in the 9 year-old boys 50 fly and an eighth in the 50 back;
Mary Crutchfield with a fifth place in the 10 year-old females 50 back; and
Haley Harrod with a sixth place in the 11 year-old females 50 breast.

Achieving State Championship Qualifying times are:

Ben Bryan in the 11-12 males 50 free, 50 back, 50 breast, and 50 fly;
Mark Bryan in the 9-10 males 50 free, 50 back, and 50 fly;
Katherine Caldwell in the 11-12 females 50 free and 50 fly;
Hanna Carr in the 11-12 females 50 free, 50 back, and 50 fly;
Thomas Allen Crumbaugh in the 9-10 males 50 back and 50 fly;
Mary Crutchfield in the 9-10 females 50 free, 50 back, 50 breast, and 50 fly;
Dove DeNigris in the 11-12 females 50 breast;
Ben Tonges in the 11-12 males 50 free, 50 back, 50 breast, and 50 fly; and
Hannah Webber in the 11-12 females 50 breast

Congratulations to our 12 and under swimmers for the excellent efforts at this meet!

Thank you to all the parents who braved the snow and the cold for our swimmers to get to this meet!

Riverside Aquatic Club Winter Inv. / Feb. 12 – 14, 2010 / Georgetown, IN

This meet is hosted by the Riverside Aquatic Club at the newly remodeled 8 – lane Highland Hills Middle School pool at 3492 Edwardsville – Galena Road in Georgetown, IN 47122 (not at the New Albany HS where the November meet was held). Swimmers can be entered into as many as five (5) individual events per day and the costs are \$3.00 per individual event and \$1.50 per swimmer Indiana Swimming surcharge.

Start times:	<u>Session</u>	<u>Warm-ups</u>	<u>Competitions starts</u>
	Friday evening (Open 1650, 400 IM, and 500 free; 10 & under 200 IM and 200 yard free; and 11-12 200 IM)	5:00 P.M.	6:00 P.M.
	Saturday morning (11-12 100 breast, 50 back, 50 free, 100 fly, and 200 free; open 100 breast, 200 back, 50 free, 100 fly, and 200 free)	7:00 A.M.	8:00 A.M.
	Saturday afternoon (8 & under 25 free, 50 breast, 25 back, 50 fly, and 100 IM; 10 & under 100 free, 50 breast, 100 back, and 50 fly)	Not before Noon	Not before 1:15 P.M.
	Sunday morning (11-12 100 free, 50 breast, 100 back, and 50 fly; open 200 IM, 100 free, 200 breast, 100 back, and 200 fly)	7:00 A.M.	8:00 A.M.
	Sunday afternoon (8 & under 25 breast, 50 free, 25 fly, 50 back, and 100 free; 10 & under 100 breast, 50 free, 100 fly, and 50 back)	Not before Noon	Not before 1:15 P.M.

This meet is close enough to be commuting. However, a couple of motels on the New Albany side of the Ohio River:

Holiday Inn Express 411 W. Spring St. in New Albany, IN (812) 945-2771	Hampton Inn 506 W. Spring St. in New Albany, IN (812) 944-4600
--	--

Meet entries have been sent. A new meet entry report with directions to the pool will be printed on Monday, Feb. 8th.

Valentine's Classic / Feb. 20 – 22, 2008 / Shelbyville, KY

The last of our short-course regular season swim meets will be held at the 8-lane Clear Creek Family Activities Center pool in Shelbyville (717 Burks Branch Road; 40065). This meet will be the 2 and ½ day format with timed-final competition with 6 & under, single-year age groups for 7, 8, 9, 10, 11, and 12 year-olds, a 13-14 age-group, and an open age grouping. Swimmers may be entered into as many as 4 individual events per day with the possibility of limiting competition in all individual medley events, the 200 and the 500 freestyle events. Costs are \$4.50 per individual event plus a \$4.00 per swimmer surcharge (Kentucky Swimming fee is \$1.50 and the Shelby Sharks are assessing an additional \$2.50 per swimmer). Spectators will be charge \$3.00 per day for admission and a meet program that has the heat and lane assignment for the pre-seeded events (longer events will be deck seeded) will be available for an undisclosed price.

Start times:	<u>Session</u>	<u>Warm-ups</u>	<u>Competitions starts</u>
	Friday evening (200 IM and 500 free for 13 & over; 200 IM and 500 free for 11-12; and 200 IM and 200 free for 9-10)	4:00 P.M.	5:30 P.M.
	Saturday morning (400 IM, 100 free, 200 back, 100 breast, and 200 fly for 13-14 and 15 & over age-groups)	6:45 A.M.	8:15 A.M.
	Saturday midday (25 free, 25 back, 25 breast, and 25 fly for 6 & unders; 50 free, 50 back, 25 breast, and 50 fly for 7 year-olds; 50 free, 100 back, 50 breast, and 100 fly for 8 year-old and 9 year-old single-age age-groups)	not before 11:00 A.M.	not before Noon
	Saturday afternoon (50 free, 100 back, 50 breast, 100 fly, and 200 free for 12 year-old and 11 year-old age-groupings; 50 free, 100 back, 50 breast, and 100 fly for 10 year-olds)	not before 2:00 P.M.	not before 3:00 P.M.
	Sunday morning (200 free, 200 breast, 100 back, 100 fly, and 50 free for 13-14 and 15 & over age-groups)	6:45 A.M.	8:15 A.M.
	Sunday midday (25 back, 100 free, 25 fly, 50 breast for 7 year-olds; 50 back, 100 free, 25 fly, and 50 breast for 8 year-olds; 50 back, 100 free, 50 fly, and 100 breast for 9 year-olds; plus an 8 & under 100 IM)	not before 11:00 A.M.	not before Noon
	Sunday afternoon (50 back, 100 free, 50 fly, and 100 breast for 12 year-old, 11 year-old, and 10 year-old single-age age groups)	not before 2:00 P.M.	not before 3:00 P.M.

This meet is close enough for us to drive back and forth. However, the Ramada Shelbyville (251 Brighton Circle) 502-633-9933 is listed as the "Hotel Recommendation" in the meet info if you are interested in staying overnight. The report is that if you mention "Shelby Sharks" to receive a special room rate at this motel.

Please contact me at swimmarv@windstream.net by **Thursday, Feb. 11th** to sign-up to compete in this final regular season swim meet of the 2009-2010 season. Thank you!

Remaining 2009 - 2010 Short Course Meet Schedule

<i>Date</i>	<i>Event</i>	<i>Location</i>
Mar. 5 - 8	Eastern Sectional of the Southern Zone <i>[must achieve qualifying times]</i>	Nashville, TN / Excel Aquatics & USA Swimming
Mar. 12 - 14	KY Swimming 13 & over Championships <i>[ages 13 & over who have achieved State Championship qualifying time(s)]</i>	Lexington, KY / Wildcat Aquatics
Mar. 20 - 22	KY Swimming 12 & under Championships <i>[ages 9 to 12 who have achieved State Championship qualifying time(s)]</i>	Louisville, KY / Lakeside