



http://tntswimming.org
Newsletter for Monday, April 19, 2010



Happy birthday wishes to: Claire Pinkston!!!

Practice Plans

Frankfort: This week – Regular practice schedule which is Monday through Friday evenings starting at 7:30 P.M. and on Saturday at 3:00 P.M. The discovery level swimmers will practice on Monday and Thursday at 7:30 to 8:15 P.M.

Next week – Regular practice schedule.

Versailles: This week – Regular practice schedule which is Monday, Tuesday, Thursday, and Friday afternoons starting at 3:45 P.M. and on Saturday at 12:15 P.M.

Next week – Regular practice schedule.

KY Swimming Spring House of Delegates meeting / Saturday, April 17, 2010 / Community Education Building on South Main Street in Versailles

Thank you to my volunteers: Emma Bryan, Maria Bryan, Anne-Sophie Carr, Hanna Carr, Cathy Lafser, Kent Llanora, Art Nitz, Kirsten Nitz, Jane Nitz, and Rodney Webber! This meeting was a huge success and I received lots of praise on your behalf! Thank you!

Wildcat Derby Classic / May 14 – 16, 2010 / Lexington, KY

I am still waiting for the meet information. However, I do anticipate having a very fast turn-around once I do receive the meet information.

This meet will be a timed-final format at the indoor 8 –lane Lancaster Aquatic Center on the University of Kentucky campus located at the corner of University Drive and Complex Drive (Lexington, KY 40506-0219). Fees for their November, 2009 meet were \$4.00 per event entry plus a \$5.00 per swimmer surcharge (\$1.50 KY Swimming surcharge plus \$3.50 Wildcat Aquatic surcharge) and swimmers were allowed to be entered into as many as 4 individual events per day.

Start times:	<u>Session</u>	<u>Warm-ups</u>	<u>Competition</u>
	Friday evening	TBA	TBA
	Saturday morning session	TBA	TBA
	Saturday afternoon session	TBA	TBA
	Sunday morning session	TBA	TBA
	Sunday afternoon session	TBA	TBA

I am anticipating that our first two meets (the Wildcat Derby Classic and the Cardinal Throw-down) are of an either/or nature. That is, if you sign-up for one, you skip participating in the other. We tend to have lots of conflicts with school schedules in May, so I wanted to have additional opportunity by having both meets on our May schedule. Please contact me at swimmarv@windstream.net by **Monday, April 26th** to sign-up to swim at this meet. Thank you!

2010 Long Course Meet Schedule

<i>Date</i>	<i>Meet</i>	<i>Location / Host</i>
May 14 - 16	Wildcat Derby Classic	Lexington, KY / Wildcat Aquatics
May 21 – 23	Cardinal Throwdown	Louisville, KY / Cardinal Aquatics

June 11 - 13	E-town Dolphin Classic	Elizabethtown, KY / E-town Swim Team
June 24 – 27	FAST Summer Jam	Fishers (Indy), IN / Fishers Area Swim Team
July 9 - 11	Frankfort Invitational	Frankfort, KY / FAST
July 15 - 18	Speedo Sectional Championship <i>(must achieve Eastern Sectional qualifying time)</i>	Athens, GA / USA Swimming
July 16 - 18	B meet and 8 & under Championship <i>(age 9 & over swimmers can only be entered into events that they have not achieved an “A” championship qualifying time during the current eligibility time frame)</i>	Louisville, KY / KY Swimming
July 22 - 25	State A Championship meet <i>(age 9 & overs who have achieve “A” championship qualifying times)</i>	Elizabethtown, KY / E-town Swim Team