

JULY 22, 2010 KY SWIMMING LONG COURSE CHAMPIONSHIP TIME STANDARDS
 Qualifying Period - July 16, 2009 through the Entry Deadline for the 2010 State A Long Course Championship

| Female 9-10 | | | EVENT | Male 9-10 | | |
|-------------|-----------|-----------|------------------|-----------|-----------|-----------|
| SCM | SCY | LCM | | LCM | SCY | SCM |
| 00:35.99S | 00:32.42Y | 00:36.79L | 50 Free | 00:37.79L | 00:33.32Y | 00:36.99S |
| 01:22.59S | 01:14.41Y | 01:24.19L | 100 Free | 01:27.49L | 01:17.38Y | 01:25.89S |
| 02:59.49S | 02:41.70Y | 03:02.69L | 200 Free | 03:09.59L | 02:47.92Y | 03:06.39S |
| 00:43.99S | 00:39.63Y | 00:44.59L | 50 Back | 00:46.09L | 00:40.98Y | 00:45.49S |
| 01:36.19S | 01:26.66Y | 01:37.39L | 100 Back | 01:42.09L | 01:30.89Y | 01:40.89S |
| 00:50.39S | 00:45.40Y | 00:51.39L | 50 Breast | 00:54.89L | 00:48.55Y | 00:53.89S |
| 01:48.89S | 01:38.10Y | 01:50.89L | 100Breast | 01:56.49L | 01:43.14Y | 01:54.49S |
| 00:43.39S | 00:39.09Y | 00:44.09L | 50 Fly | 00:46.89L | 00:41.61Y | 00:46.19S |
| 01:42.69S | 01:32.51Y | 01:44.09L | 100 Fly | 01:53.99L | 01:41.43Y | 01:52.59S |
| 03:23.79S | 03:03.59Y | 03:26.99L | 200 IM | 03:35.79L | 03:11.52Y | 03:32.59S |
| | | 02:32.19L | 200 Free Relay | 02:36.19L | | |
| | | 03:01.89L | 200 Medley Relay | 03:10.69L | | |

| Female 11-12 | | | EVENT | Male 11-12 | | |
|--------------|-----------|-----------|------------------|------------|-----------|-----------|
| SCM | SCY | LCM | | LCM | SCY | SCM |
| 00:31.99S | 00:28.82Y | 00:32.79L | 50 Free | 00:33.19L | 00:29.18Y | 00:32.39S |
| 01:11.39S | 01:04.32Y | 01:12.99L | 100 Free | 01:14.19L | 01:05.40Y | 01:12.59S |
| 02:34.39S | 02:19.09Y | 02:37.59L | 200 Free | 02:39.39L | 02:20.71Y | 02:36.19S |
| 05:26.79S | 06:13.47Y | 05:36.39L | 400 Free | 05:41.49L | 06:19.30Y | 05:31.89S |
| 00:38.59S | 00:34.77Y | 00:39.19L | 50 Back | 00:40.29L | 00:35.76Y | 00:39.69S |
| 01:23.19S | 01:14.95Y | 01:24.39L | 100 Back | 01:28.59L | 01:18.73Y | 01:27.39S |
| 00:43.79S | 00:39.45Y | 00:44.79L | 50 Breast | 00:47.09L | 00:41.52Y | 00:46.09S |
| 01:33.29S | 01:24.05Y | 01:35.29L | 100 Breast | 01:40.69L | 01:28.91Y | 01:38.69S |
| 00:36.39S | 00:32.78Y | 00:37.09L | 50 Fly | 00:38.39L | 00:33.95Y | 00:37.69S |
| 01:23.29S | 01:15.04Y | 01:24.69L | 100 Fly | 01:28.69L | 01:18.64Y | 01:27.29S |
| 02:55.79S | 02:38.37Y | 02:58.99L | 200 IM | 03:03.29L | 02:42.24Y | 03:00.09S |
| | | 02:16.19L | 200 Free Relay | 02:17.79L | | |
| | | 02:38.89L | 200 Medley Relay | 02:43.99L | | |

| Female 13-14 | | | EVENT | Male 13-14 | | |
|--------------|-----------|-----------|------------------|------------|-----------|-----------|
| SCM | SCY | LCM | | LCM | SCY | SCM |
| 00:31.19S | 00:28.10Y | 00:31.99L | 50 Free | 00:31.39L | 00:27.56Y | 00:30.59S |
| 01:07.39S | 01:00.71Y | 01:08.99L | 100 Free | 01:07.49L | 00:59.36Y | 01:05.89S |
| 02:28.59S | 02:13.86Y | 02:31.79L | 200 Free | 02:28.59L | 02:10.98Y | 02:25.39S |
| 05:12.59S | 05:57.25Y | 05:22.19L | 400 Free | 05:15.99L | 05:50.16Y | 05:06.39S |
| 10:28.79S | 11:58.62Y | 10:47.99L | 800 Free | 10:31.29L | 11:39.53Y | 10:12.09S |
| 20:10.99S | 20:03.77Y | 20:39.79L | 1500 Free | 20:13.09L | 19:37.23Y | 19:44.29S |
| 01:20.59S | 01:12.60Y | 01:21.79L | 100 Back | 01:19.99L | 01:10.98Y | 01:18.79S |
| 02:52.89S | 02:35.76Y | 02:55.29L | 200 Back | 02:51.79L | 02:32.60Y | 02:49.39S |
| 01:31.29S | 01:22.24Y | 01:33.29L | 100 Breast | 01:30.49L | 01:19.72Y | 01:28.49S |
| 03:18.59S | 02:58.91Y | 03:22.59L | 200 Breast | 03:17.59L | 02:54.41Y | 03:13.59S |
| 01:18.89S | 01:11.07Y | 01:20.29L | 100 Fly | 01:17.99L | 01:09.00Y | 01:16.59S |
| 03:00.79S | 02:42.87Y | 03:03.59L | 200 Fly | 02:53.29L | 02:33.59Y | 02:50.49S |
| 02:47.79S | 02:31.16Y | 02:50.99L | 200 IM | 02:47.69L | 02:28.19Y | 02:44.49S |
| 05:59.79S | 05:24.14Y | 06:06.19L | 400 IM | 06:07.09L | 05:24.95Y | 06:00.69S |
| | | 04:45.59L | 400 Free Relay | 04:39.99L | | |
| | | 05:34.29L | 400 Medley Relay | 05:25.99L | | |

| Senior Female | | | EVENT | Senior Male | | |
|---------------|-----------|-----------|------------------|-------------|-----------|-----------|
| SCM | SCY | LCM | | LCM | SCY | SCM |
| 00:29.69S | 00:26.75Y | 00:30.49L | 50 Free | 00:26.89L | 00:23.50Y | 00:26.09S |
| 01:03.59S | 00:57.29Y | 01:05.19L | 100 Free | 00:58.79L | 00:51.52Y | 00:57.19S |
| 02:19.69S | 02:05.85Y | 02:22.89L | 200 Free | 02:09.99L | 01:54.23Y | 02:06.79S |
| 04:54.79S | 05:36.90Y | 05:04.39L | 400 Free | 04:41.09L | 05:10.27Y | 04:31.49S |
| 10:22.69S | 11:51.65Y | 10:41.89L | 800 Free | 10:04.59L | 11:09.02Y | 09:45.39S |
| 19:59.59S | 19:52.44Y | 20:28.39L | 1500 Free | 19:22.99L | 18:47.43Y | 18:54.19S |
| 01:16.69S | 01:09.09Y | 01:17.89L | 100 Back | 01:09.49L | 01:01.52Y | 01:08.29S |
| 02:44.69S | 02:28.37Y | 02:47.09L | 200 Back | 02:32.39L | 02:15.13Y | 02:29.99S |
| 01:28.09S | 01:19.36Y | 01:30.09L | 100 Breast | 01:20.79L | 01:10.98Y | 01:18.79S |
| 03:11.19S | 02:52.24Y | 03:15.19L | 200 Breast | 02:59.19L | 02:37.83Y | 02:55.19S |
| 01:12.69S | 01:05.49Y | 01:14.09L | 100 Fly | 01:05.29L | 00:57.56Y | 01:03.89S |
| 02:55.59S | 02:38.19Y | 02:58.39L | 200 Fly | 02:39.99L | 02:21.61Y | 02:37.19S |
| 02:39.19S | 02:23.41Y | 02:42.39L | 200 IM | 02:27.79L | 02:10.26Y | 02:24.59S |
| 05:41.49S | 05:07.65Y | 05:47.89L | 400 IM | 05:23.99L | 04:46.12Y | 05:17.59S |
| | | 04:30.79L | 400 Free Relay | 04:05.19L | | |
| | | 09:51.59L | 800 Free Relay | 08:59.99L | | |
| | | 05:17.29L | 400 Medley Relay | 04:44.39L | | |